



CO-OCCURRING JCMH GROUPS

Co-Occurring Mental Illness/Substance Abuse

- Tuesdays 9:30 a.m. – 10:30 a.m.
- Cedar Office – Auditorium: 9808 W. Cedar Ave., Lakewood, CO 80226
- Amy Moore, LSW: 303-432-5410

South Co-Occurring Group

- Tuesdays 1:00pm – 2:30pm, beginning March 2, 2010
- South Office: 9200 W. Cross Drive, Suite 421, Littleton, CO 80123
- Get support for coping with co-occurring disorders. Learn about the relationship between drug/alcohol use and mental illness, recovery strategies for mental health & substance use disorders, and relapse prevention.
- Karen Pascoe, PSY, LPC, CACII: 303-432-5600

Possibility Street Co-Occurring Mental Health/Substance Abuse

- Tuesday 6:00-7:30pm
- Independence Office, Table Mountain Room: 4851 Independence Street, Suite 100, Wheat Ridge, CO 80033
- Thalia Andrews, LPC, CACIII: 303-432-5127

Drugs, Alcohol & Mental Health

- Wednesday 11:00am – 12:00pm
- Next 8 week series starts 1/12/11
- Wellness on Wadsworth Office (WOW): 4045 Wadsworth Blvd., Suite 80, Wheat Ridge, CO 80033
- Wellness Education Series: 303-432-5372. Please call ahead to register and confirm dates of series.
- Free: Open to community members and clients as well as their friends and family.
- Maya Garcia, MA, BS, CAC III, call Wellness at 303-432-2216 for more info

Passport Co-Occurring Group

- Wednesday 11:00-12:30pm
- Independence office: 4851 Independence St., Ste 100, Wheat Ridge, CO 80033
- Doug Robinson, LPC, CACIII: 303-432-5041

Co-Occurring groups are generally designed for JCMH clients who are struggling with mental health and substance abuse issues. In order to attend a group, contact the group leader to see if there is space available. The following groups are open to the community: Drugs, Alcohol & Mental Health, and AA Co-Occurring Meeting.

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

Seeking Safety

- Wednesdays 2:30 – 4:00pm
- A group for those who have experienced trauma and abuse substances.
- Independence Office: 4851 Independence St., Wheat Ridge, CO 80033
- Lynda Hilburn, LPC, CACII: 303-432-5055 or Thalia Andrews, LPC, CACIII: 303-432-5127

AA Co-Occurring Meeting

- Wednesday 5:00-6:00pm
- Summit Center: 3810 Pierce St., Wheat Ridge, CO
- Chris Hill facilitates
- Call main summit center phone number for information: 303-432-5800
- Open to anyone in the community who wants to stop using

Co-Occurring Mental Illness/Substance Abuse

- Thursday 4:00-5:30pm
- West Colfax Office: 9485 West Colfax Avenue, Lakewood, CO 80215
- Elaine Kingston, LPC, CACIII: 303-432-5261, Dan Uehling, LCSW, CACII: 303-432-5257

Co-Occurring Mental Illness/Substance Abuse

- Wednesdays 1pm
- West Colfax Office: 9485 West Colfax Avenue, Lakewood, CO 80215
- Dan Uehling, LCSW, CACII: 303-432-5257