

Staff

As a program of Jefferson Center for Mental Health, The ROAD is staffed by mental health professionals, interns, and volunteers, all of whom are invested in making young adults' time at The ROAD beneficial, fun, and safe.

Respect for Self & Others

The ROAD's code of conduct, developed by our Youth Advisory Board, emphasizes respect and responsibility for self and others. As a drop-in resource center, participants are expected to take responsibility for their own conduct and safety and utilize the supports and services available

Youth May Attend If They:

- Are between the ages of 15-22
- Live in the tri-county area (Jefferson, Gilpin, Clear Creek)
- Are ready to take charge of their future by meeting challenges and taking steps toward achieving their goals
- Want to have fun and make friends!



Partnering Agencies

City of Lakewood

City of Wheat Ridge

Jefferson County Family Support Network

Federation of Families

Family Tree / Gemini

Jefferson Center for Mental Health

Jefferson County Department of Human Services

Jefferson County Schools, SWAP & Youth Employment Connection

Jefferson County Workforce Center

Young Americans Center for Financial Education



**Preparing young adults for the challenges of adulthood by fostering
EMPOWERMENT
LEADERSHIP
RESPONSIBILITY**

Location

**5220 W. Ohio Avenue
Lakewood, CO 80226
At Brady Exploration School**

Drop-in Hours

**Monday, Tuesday & Thursday
1:00– 6:00pm
Wednesday
1:00–5:00pm**

Contact Information

**Phone: (303) 982-6755
Fax: (303) 432-5860
E-mail: theroad@jcmh.org
www.theroad4youth.org**

CLINICAL services

Jefferson Center for Mental Health's CrossRoads program is an exciting opportunity to provide mental health and substance abuse programming to underserved youth ages 10-22. May be adjudicated youth on probation with the 1st Judicial District.

Services include:

- ⇒ Individual, Group & Family Therapy
- ⇒ Case Management
- ⇒ Substance Abuse & Aggression Replacement Groups
- ⇒ Process Groups
- ⇒ Medication evaluations available

Please call Yolanda Esatai
or Brianna Harris
720-497-7786



Crossroads
a program of Jefferson Center

We also offer clinical services at The Road.

Jake Foster
303-432-5852

The Road

TRANSITIONS services

Street Smarts

An opportunity for youth to openly discuss questions about drugs & alcohol, transitioning to independence, health and other relevant topics. Some groups we offer include: Life Skills, Stress Management, Healthy Relationships, and Nutrition. Visit our website for a current schedule.

www.theroad4youth.org

GED

Get your GED at The Road. Includes study plan and tutoring. Great incentives given for testing and graduation!

Tuesdays from 5:30-7:00pm

Contact Stephanie: 303-432-5306

Independent Living Skills Classes

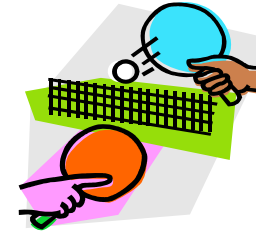
We offer 12-week sessions with topics including employment, budgeting, housing, relationships, education, nutrition, cooking and health. Each week you attend, you can earn a \$5 Gift Card and greater incentives to help you become more independent.

Contact Jake: 303-432-5852

Passport

A structured program to help youth walk through their individual transitions process. Great incentives for attaining goals and completion of Passport program.

DROP IN services

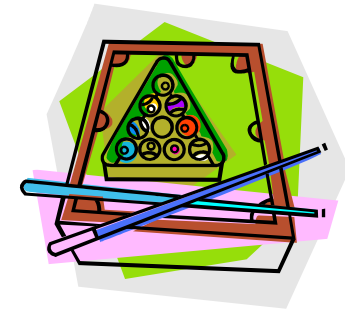


The goal of the drop in center is to provide a welcoming, and safe environment for youth to come, spend time and be themselves.

We strive to maintain an atmosphere that is both supportive and enjoyable.

We offer:

- Food for youth
- Fun activities
- Pool table
- Wii games
- Game Nights
- Movie Nights
- Basketball
- Monthly Birthday Parties
- On-site computers



...and more!

Presentations on relevant topics:

- Job Skills
- Housing
- Health
- Cooking
- Finances

Youth Advisory Board offers:

- Leadership skill building
- Service projects
- Field trips